

Identify Your Strengths, Skills and Talents

Not all assessments are available at all Resource Centers. Check with your local [Resource Center](#) to find out which assessments they may offer.

Our professional staff can help you pinpoint your strengths, skills and talents to help you narrow in on occupations that will be right for you. We have a number of assessments available which can be done individually or in a group. Come to a [Resource Center](#) and talk with someone about which assessments might be right for you.

Available Assessments

ONET Ability Profiler

Evaluate your potential in nine job relevant abilities. Results will indicate what jobs might be a good match for you.

Comprehensive Adult Student Assessment System (CASAS)

Discover your literacy level by taking a basic reading and math test.

Career Decision-Making System (CDM)

Complete this career interest inventory to help you organize your thinking about how your interests can relate to occupational options.

ONET Interest Profiler

Identify and explore occupations that would likely be of interest to you with this interest survey. Available in both paper-and-pencil and computerized versions.

ONET Work Importance Locator

Identify and explore occupations that would likely provide you with job satisfaction using this survey of work-related values. Available in both paper-and-pencil and computerized versions.

[MySkills MyFuture](#)

Barriers to Success Inventory

Identify any barriers you may have to obtaining a job or succeeding in employment.

Self-Directed Search

Assess your interests with this survey

VSAC

In some of our Resource Centers, you will find Vermont Student Assistance Corporation staff members to assist you. To fully understand VSAC's services, please see an on-site staff member or visit the [VSAC web site](#).

